

# THE BEACON



THE OFFICIAL MAGAZINE OF THE 124TH FIGHTER WING

MAY 2018

COMBAT EXCELLENCE-ALWAYS ON MISSION

## From The **WING COMMANDER**

Col. Tim Donnellan  
124th Fighter Wing Commander  
Warriors,

Over the last three weeks I've had the great privilege of attending both the ACC and ANG Commander and Command Chief Conferences. The recurring theme in both events was very clear - it's time to get after efficiency and begin transitioning to a 21st century force.

We are no strangers to the concept of "doing more with less." This month the 124th Fighter Wing was recognized nationally with the Verne Orr Award, confirming the remarkable efforts in accomplishing the execution of our mission with limited resources. This is yet another affirmation of the amazing things all of you do each and every day!

Our Senior Leaders at all levels are realizing if we don't find more innovative ways to do busi-



ness we are going to fail. They are asking questions like "why does it take four years for the Air Force to make software updates but industry can do it in two weeks?", or "why are we using operating systems over 10 years old, yet still expecting production rates greater than we saw 10 years ago?" They want to know if there are better ways for us to do our jobs, and if there are better tools, less rules and more efficiencies out there. They also recognize that all of you know the answers to those questions and are requesting our field level input.

Several initiatives, like the ANG Innovation website (<http://www.ang.af.mil/Innovation/>) and the Commanders Innovation Fund are two new tools to inspire you to make your voice heard. The Air Force also started a "Spark Tank" competition to generate good ideas, so the time is perfect for your voice to be heard. If you have an idea, please take the time to visit the ANG Innovation website listed above and push it forward. Also, please identify that same idea to your supervisor and commander and let's see how we can use innovation funds to give it a boost. Now, more than ever, we have to find ways to improve the way we do business.

The world is a dangerous place, and it's only American citizens like yourselves who have chosen to serve and are going to do something about it. Let's help ourselves and get after smart ways of doing business that are rooted in 21st century capabilities and not 20th century paradigms. Now is the time to make our voices heard and make the changes we all know need to happen.

*Attack!  
Donut*



# CONTENTS



» p.5

## 124TH FIGHTER WING PUBLIC AFFAIRS STAFF

### WING COMMANDER

Col. Tim Donnellan

### PUBLIC AFFAIRS OFFICER

Capt. Rebecca Solosabal

### PUBLIC AFFAIRS NCOIC

Master Sgt. Becky Vanshur

### PUBLIC AFFAIRS STAFF

Master Sgt. Joshua Allmaras

Tech. Sgt. John Winn

Staff Sgt. Skyla Child

Airman 1st Class Mercedee Schwartz

## ON THE COVER



Senior Airman Tyson Sather, an HVAC specialist with the 124th Civil Engineer Squadron, practices his utility pole climbing skills April 8, 2018 at Gowen Field, Boise, Idaho.

(U.S. Air National Guard photo by Master Sgt. Joshua Allmaras)

### 6-7 TACP Challenge

Members of the 124th ASOS host TACP Challenge

### 8-9 CE Prime Beef Days

Civil Engineers have fun while getting their hands dirty in joint-AFSC training; "Prime BEEF days"

### 10-11 Sexual Assault Prevention & Awareness Month

The 124th FW shows it's support for SAAPM



CLICK THE LINK TO SEE MORE IMAGES LIKE THIS! [dvids](#) » p.10-11



» p.12

## WHERE TO FIND US

-  [usaf.id.124-fw.mbx.pa-public-affairs@mail.mil](mailto:usaf.id.124-fw.mbx.pa-public-affairs@mail.mil)
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-  [instagram.com/124FighterWing](https://instagram.com/124FighterWing)

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# PRIMARY UTA EVENTS

## MAY DRILL CALENDAR

### Saturday

0730-FWS/CC Call, Bldg 400, Basement  
 0730-MOF/CC Call, Bldg 148, Classroom 1  
 0800-Promotion-MSgt. S. Williams, Bldg 280  
 0830-Enlisted promotion board, Bldg 600  
 0830 & 0930-Fitness Assessment, Bldg 1530/Track  
 0900-R&R Brief, Bldg 600 CG Conf. Rm  
 1000-WIT Training, Bldg 400 IG Office  
 1130-Lunch & Learn: Health Insurance Bldg 266  
 1230 & 1330-Fitness Assessment, Bldg 1530/Track  
 1230-State TA Briefing, Bldg 400 Basement  
 1245-CDC Testing  
 1400-Rising Two, Bldg 400 Conf. Rm  
 1430-Retirement-MSgt. H. Bell, Base Theater  
 1500-Essential Six, Bldg 400 Conf. Rm  
 1500-Retirement-Lt. Col. E. Mitchell, Memorial Park  
 1500-Promotion-TSgt Keeling, Bldg 412 Basement  
 1530-Retirement-MSgt. King, Bldg 400 DFAC

### WHAT'S FOR LUNCH?

#### MAIN LINE

Chicken Fajitas  
 Beef Enchiladas/ Refried Beans  
 Mexican Rice  
 French Green Beans / Mixed Vegetables

#### SOUP

Clam Chowder / Broccoli Cheddar

#### SHORT ORDER LINE

Reuben Sandwich  
 Nachos with cheese / Jalapeño Poppers  
 Burgers/Cheeseburgers / French Fries

#### DESSERTS

Dessert Bars Variety / Chocolate Cake  
 Peach Pie / Macadamia Cookies

### Sunday

0700-MXS/CC Call, Base Theater  
 0745-PERSCO Training, Bldg 400 Conf Rm  
 0815-CDC Testing  
 0830 & 0930-Fitness Assessment, Bldg 1530/Track  
 1030-State TA Briefing, Bldg 400 Basement  
 1100-FSS Facts to Go; Topic: CCAF & PME changes,  
 Bldg 400 Conf. room  
 1230 & 1330-Fitness Assessment, Bldg 1530/Track  
 1230-Parent2Parent Resource, Bldg 400 Basement  
 1300-Red Flag Alaska Briefing, Base Theater  
 1300-WIT Training, Bldg 400, IG Office  
 1400-MXS Assumption of Command, Base Theater

#### MAIN LINE

Jambalaya  
 Fried Cat Fish  
 Macaroni and Cheese  
 Baked Beans / Corn / Peas

#### SOUP

Bean and Ham / Wisconsin Cheese

#### SHORT ORDER LINE

Grilled Chicken Sandwich  
 Hot Dog / Onion Rings  
 Burgers/Cheeseburgers

#### DESSERTS

Peanut Butter Cookie / Pecan Pie  
 Carrot Cake / Chocolate Cream Pie

\*\*\*REMEMBER\*\*\* This schedule is subject to change. Check the current Fragmentary Order for updates.



A  
MESSAGE FROM  
THE 124TH MEDICAL  
GROUP

# RECALL!



## ROMAINE LETTUCE

BASED ON NEW INFORMATION, THE CDC IS EXPANDING ITS WARNING TO CONSUMERS TO COVER ALL TYPES OF ROMAINE LETTUCE FROM THE YUMA, ARIZONA GROWING REGION. THIS WARNING NOW INCLUDES WHOLE HEADS AND HEARTS OF ROMAINE LETTUCE, IN ADDITION TO CHOPPED ROMAINE AND SALADS AND SALAD MIXES CONTAINING ROMAINE.

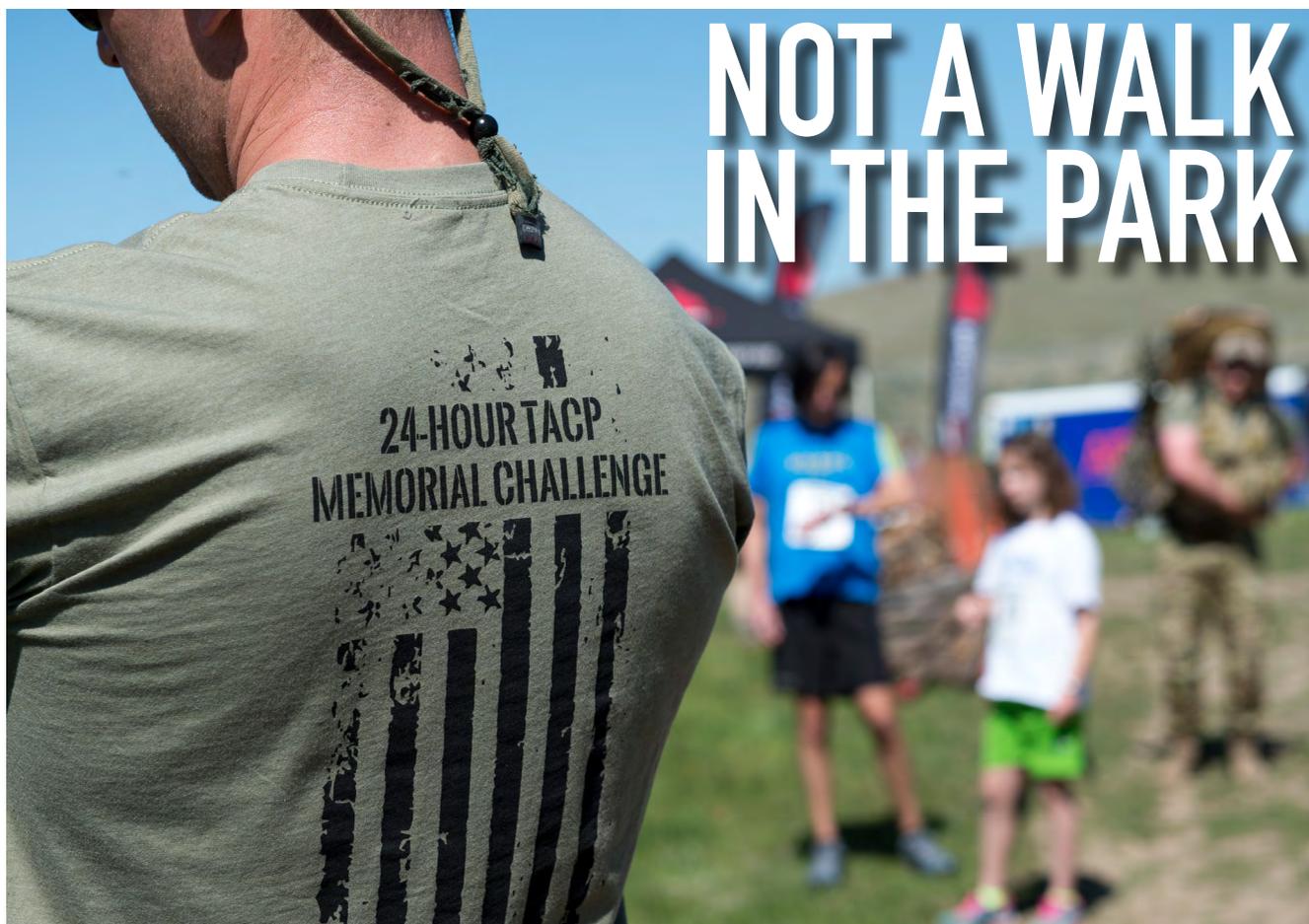
DO NOT BUY OR EAT ROMAINE LETTUCE AT A GROCERY STORE OR RESTAURANT UNLESS YOU CAN CONFIRM IT IS NOT FROM THE YUMA, ARIZONA, GROWING REGION!

UNLESS THE SOURCE OF THE PRODUCT IS KNOWN, CONSUMERS ANYWHERE IN THE UNITED STATES WHO HAVE ANY STORE-BOUGHT ROMAINE LETTUCE AT HOME SHOULD NOT EAT IT AND SHOULD THROW IT AWAY, EVEN IF SOME OF IT WAS EATEN AND NO ONE HAS GOTTEN SICK. PRODUCT LABELS OFTEN DO NOT IDENTIFY GROWING REGIONS; SO, THROW OUT ANY ROMAINE LETTUCE IF YOU'RE UNCERTAIN ABOUT WHERE IT WAS GROWN. THIS INCLUDES WHOLE HEADS AND HEARTS OF ROMAINE, CHOPPED ROMAINE, AND SALADS AND SALAD MIXES CONTAINING ROMAINE LETTUCE. IF YOU DO NOT KNOW IF THE LETTUCE IS ROMAINE, DO NOT EAT IT AND THROW IT AWAY.

RESTAURANTS AND RETAILERS SHOULD NOT SERVE OR SELL ANY ROMAINE LETTUCE FROM THE YUMA, ARIZONA GROWING REGION.



FOR MORE INFORMATION VISIT [HTTPS://WWW.CDC.GOV/ECOLI/2018/0157H7-04-18/INDEX.HTML](https://www.cdc.gov/ecoli/2018/0157H7-04-18/index.html)  
OR CONTACT PUBLIC HEALTH AT 422-5909 IF YOU HAVE ANY QUESTIONS OR CONCERNS.



# NOT A WALK IN THE PARK

Photos and story by Master Sgt. Joshua Allmaras  
124th Fighter Wing Public Affairs

**C**hief Master Sgt. Michael Furman stands on the back of a flatbed trailer under the pre-noon sun deep in the foothills of Eagle, Idaho. He lifts a megaphone and announces the names of fallen tactical air control party Airmen, "Tech. Sgt. Timothy Officer, Master Sgt. Joshua Gavulic, Maj. David Gray, Senior Airman Brad Smith, CW2 Dennis Hay, Master Sgt. Steven Auchman, Airman 1st Class Ray Losano, Staff Sgt. Jacob Frazier, our Maj. Gregory Stone, Staff Sgt. Jason Faley, Staff Sgt Brian Daly, and Staff Sgt. Andre Berkley."

Those gathered near the trailer while Furman announces the names of the fallen TACPs,

stand in silence and listen as they prepare to participate in a 24-hour memorial challenge. This run is dedicated to Maj. Gregory Stone who died March 25, 2003 from injuries sustained in a grenade attack March 22, 2003 at Camp Pennsylvania near the Iraq-Kuwait border during Operation Iraqi Freedom. Airmen from the 124th Air Support Operations Squadron at Gowen Field, Boise, Idaho volunteered their time to raise money for fallen and injured tactical air control party Airmen during a 24-hour memorial challenge in Eagle, Idaho April 21-22, 2018.

The TACP memorial challenge is an event hosted by all TACP

units around the globe.

"The 24-hour memorial challenge raises awareness and





money for the TACP association, for families of lost Airmen in the TACP career field," said Tech. Sgt. Douglas Brock, a TACP journeyman with the 124th Air Support Operations Squadron. "This is the 7th Annual Memorial Challenge."

This event is different from those held in the past.

"Historically this is a very internal type of challenge and is kept in-house with each TACP unit and held on base," said Brock. "This year, we decided to open it up to the public and make it much bigger, and bridge the gap between the military and the local community."

Moving the event off base and involving the community required many nights and weekends dedicated to setting up the challenge.

"Myself and Douglas Brock have been preparing for this event for the past five months," said Staff Sgt. Justin Clark, a joint terminal attack controller with the 124th ASOS. "We have our normal day-to-day jobs and we had to prepare outside of our military time. We've estimated that we have put in over 1,500 hours between the two of us."

Setting up a volunteer fundraising event took a lot of personal time, but it also helped develop these two Airmen professionally.

"Setting this up has been a process for us," said Clark. "It's been a learning experience and professional development opportunity. This is a good way to get the community involved and understand what we do as guardsmen, what we do as civilians as well."

This development included learning to network and meet with civilian companies and developing a website, a first for the two ASOS Airmen said Clark. These are all capabilities, including teaching themselves new skills in a short amount of time, that can be translated to working with other guard units.

The event was held in the foothills of Eagle, Idaho and two different courses were provided for participants.

"There are two routes, route one is the main route and is a 2.4 mile loop and it has 600 feet of elevation gain and loss," said Brock. "It's pretty hilly with pretty good climbs and you'll be walking part of the time. It's part of the challenge because this isn't meant to be easy, definitely not

a walk in the park. The second route is a half mile out and back, so a mile total."

The event is typically held on the same date as the rest of the 33 TACP units, but Brock and Clark decided to hold the event a week early. This allowed them to get the community more involved in the event.

"We've had over 150 physical participants in the run, ruck or walk events," said Clark.

The event not only raises money for the TACP association, but it is a friendly competition between TACP units across the globe, with the winner getting bragging rights for the next year according to both Brock and Clark.

A volunteer opportunity of this magnitude is no easy task and as of the publishing of this article, a total of more than \$16,000 dollars has been raised. For more information about the challenge visit [www.teamstone24hourchallenge.com](http://www.teamstone24hourchallenge.com).

**To see more photos from this event, be sure to check out our Flickr page!**



# 124th CIVIL ENGINEER SQUADRON COMPLETES 'PRIME BEEF' TRAINING

Story by Tech. Sgt. John Winn  
124th Fighter Wing Public Affairs

**F**ire Fighters climbing telephone poles, electricians dragging a fire hose, HVAC specialists building barriers? It's all part of the 124th Civil Engineer Squadron's "Prime BEEF days," an event which brings all of the different CE shops together to train in different disciplines which they might encounter in a deployed environment. "BEEF" stands for Base Engineer Emergency Force, which includes all CE AFSC's at Gowen Field, with the

exception of EOD and Pest Management, which doesn't have a presence in the guard.

"We started planning Prime BEEF Days last August when I read an article in "Air Force Civil Engineer...By Engineers. For Engineers," about Prime BEEF Days at Langley Air Force Base, Virginia" said 124th Civil Engineer Commander Lt. Col. Elizabeth Sumner. "I knew this was something we needed in CE, to focus our training for four days on readiness and team build-

ing, emphasizing the strengths of the different AFSCs in CE, and breaking down the barriers between these AFSCs."

The event began April 5 and continued through drill weekend and wrapped up on April 8.

"I couldn't be more thrilled with the results from these four days, not only did we qualify 73 Engineers in just three days on the M4, but we built multi-disciplinary teams that increased our unit cohesion and morale. My intent is Prime BEEF Days will



Photo by Tech. Sgt. John Winn



Photo by Tech. Sgt. John Winn



Photo by Airman 1st Class Mercedes Schwartz



Photo by Airman 1st Class Mercedes Schwartz



Photo by Master Sgt. Joshua Allmaras



be a reoccurring events each year.” said Sumner.

In addition to working on job related tasks, teams complete the Leadership Reaction Course, compete in the Fire Fighter Challenge and various other competition-style events at their cantonment yard on the east campus of Gowen Field.

When all was said and done, senior leaders from the various CE shops presented the teams top finishers with candy bar awards such as the “100 Grand” award for most valuable contribution, the “Three Musketeers” for superior teamwork, and the “BIG Hunk” for impressive physical achievement.

**For more photos from the training, check out our [FLICKR](#) page!**



Photo by Tech. Sgt. John Winn

By Captain Kristin Daigle  
124th Fighter Wing SARC

As part of the Idaho National Guard’s observance of Sexual Assault Awareness & Prevention Month, members at Gowen Field and across the state celebrated by trading in their uniform for denim during International Denim Day on April 25.

The Denim Day campaign was originally triggered by a ruling from the Italian Supreme Court where a rape conviction was overturned by justices who felt that since the victim was wearing tight jeans she must have helped her rapist remove her jeans, thereby implying consent. The following day, several members of the Italian Parliament came to work wearing jeans in solidarity with the victim. Wearing jeans has

become an international symbol of protest against sexual assault and the dangers of victim blaming.



**Sexual Assault Awareness & Prevention Month Activities**

April marks the Department of Defense’s celebration of Sexual Assault Awareness and Prevention Month. This year, several events were planned to provide opportu-

nities to educate and engage our members to help them learn more about sexual violence.

The “In Their Shoes” display was set up outside building 400 over drill weekend to be a powerful visual display representing the number of National Guard members who filed reports in 2016. Each pair of shoes represented 25 victims of sexual assault, for a total of 435 reports of sexual assault. The display encouraged members to take a step to end sexual violence!

Posters were displayed outside the Dining Facility to dispel common misconceptions and myths surrounding rape.

A Lunch & Learn event was hosted over April drill with guest speaker Erin Askew from the MISTY Foundation,

a local nonprofit that offers no cost therapeutic support services to service members who are victims of Military Sexual Trauma.

On April 20, Gowen Field hosted the 5th Annual Sexual Assault Awareness & Prevention Month 5k Fun Run. This event brought together members of the Idaho Na-

tional Guard and Idaho Military Division to raise awareness to the issue of sexual assault as well as to connect members to support organizations within the local community.

Lastly, members from the 1-183rd Aviation Battalion, the SAPR/SHARP teams, The Women's & Children's Alliance and the Boise Police Department posed in front of the

Boise Police Department's Domestic Violence Awareness Cause Car to make a joint community statement against sexual violence.

Thank you to all members who participated in the various events hosted throughout the month!



Photos by Master Sgt. Joshua Allmaras

# RIDING SEASON IS FINALLY HERE!

As summer approaches some of us will be getting our motorcycles out and taking them for a ride...may I suggest a rider's education course and an inspection of your motorcycle first? If you haven't ridden recently, you and your bike deserve this check. STAR has 12 sites around the state that provide courses for novice riders through experienced courses including a Precision Riders Clinics. High Desert (Meridian) and Teton (Idaho Falls) Harley Davidson also offer courses that will improve the skills you have or help you learn the basics.

Items you should check prior to riding are: Tires, fluids, cables (controls), brakes, chain (final drive) and electrical. Wear your Personal Protective Equipment, protect your cranium and carcass. When traveling longer distances, watch for road debris, potholes, and animals, take frequent breaks, get a snack and a non-alcoholic beverage. If you're riding in a group, Ride YOUR OWN ride, you know where they're going.

Contacts for courses: STAR: <https://idahostar.org>

High Desert Harley Davidson: <https://www.highdeserthd.com/--L2R>

Teton Harley Davidson: <https://www.tetonharley.com/learn-to-ride-a-harley-motorcycle--learn-to-ride>



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